

# ANTHESIS

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## THE EMOTIONAL

The fine line  
Between love and hate

The defining negative  
Ricocheting abhorrence

Releasing the poison within  
Spreading throughout the body

Punches in the stomach  
Pain in the eyes

I was yours  
But I was not my own

## THE SOCIAL

You wanted me  
And I needed you

The isolation swept in  
Like the destruction of love

The sudden but subtle  
Loss of myself

Scornful eyes from you  
Burning eyes from them

Our togetherness  
Became our loneliness

### THE PHYSICAL

The onset of distrust  
Released pent-up rage

Falling in slow motion  
Whiplashing hair

Cracks in front  
As my body fell back

Like the cat of nine tails  
Blood droplets streaked tears

Because I could not cry  
For dismantled souls

### THE INSPIRATIONAL

The ashy habit needs to go  
But it is not forced

The anger towards others  
Is calmed with reason

The beauty is reiterated  
Because the adoration is there

The love he has for me  
Has inspired my love within

This one sees the best in me  
And allows me to be free